CHILDREN'S HOSPITAL COLORADO

UNIVERSITY OF COLORADO SCHOOL OF MEDICINE

Psychology Postdoctoral Fellowships

2026-2027 Training Year

Children's Hospital Colorado/University of Colorado School of Medicine offers post-doctoral psychology fellowships in multiple areas, as detailed below. All fellowships are designed as full-time 12-month positions beginning August 24, 2026. Fellows will receive a salary of \$62,232 (in alignment with National Institutes of Health standards), subject to the withholding of taxes. As a Children's Hospital Colorado (CHCO) fellow, individuals are eligible for benefits including medical, dental, vision, and life insurance options. Fellows are eligible for a total of 16 days of time off (10 wellness days to use as vacation and 6 sick days), 7 paid Children's Hospital Colorado observed holidays, and 5 professional leave days (with the option of 4 additional professional days for attending a conference, pending supervisor approval). Malpractice insurance is provided by CHCO. The fellowship program is comprised of time devoted to clinical training as well as time for scholarly, research or program development activities. The program is a member of the Association of Psychology Postdoctoral and Internship Centers (APPIC - www.appic.org) and the Council of Clinical Health Psychology Training Programs (CCHPTP - www.cchptp.org).

To meet the needs of the patient populations served by CHCO, the fellowship training program is committed to the recruitment and retention of individuals who have demonstrated a commitment to addressing health inequities and serving medically underserved populations. Given the many language spoken within the communities served by CHCO, our program also encourages those who speak languages in addition to English to apply. Our program provides group supervision in Spanish to help support bilingual trainees' skills in working with our large Spanish speaking community.

Requirements for Admission

Applicants must have completed their training in an APA or CPA accredited PhD or PsyD program in Clinical, Counseling, or School Psychology, and an APA accredited internship. Candidates are expected to have sufficient training and experience in Child Clinical Psychology to be able to maximally benefit from the experiences offered. Applications will be accepted from doctoral candidates who expect to have completed all doctoral degree requirements by the fellowship start date, including completion of internship and successful dissertation defense. Positions are contingent upon official verification of completion of all doctoral degree requirements (e.g., diploma, transcript, or a letter from graduate advisor or director of training) through the graduate school conferring the degree prior to starting the fellowship.

Application Procedures

All applicants must use the online APPIC AAPA (www.appic.org). A completed application consists of:

- 1. Cover letter stating interest in the specific CHCO program overall and specific fellowship tracks(s) of interest; relevant clinical, research and professional experience; and expectations of personal and/or professional goals that may result from engaging in the specific fellowship track(s) identified.
 - If you are applying for more than one fellowship track with CHCO, please complete a separate APPIC application per track. You may apply to up to four CHCO fellowship tracks. Please use the same cover letter across all CHCO track applications. You may list rank preferences if you have them.
- 2. A current Curriculum Vitae
- 3. Official transcripts of all graduate coursework
- 4. Three letters of recommendation (*Please submit only three letters*).
- 5. All Developmental Pediatric applications must include a **de-identified** work sample.



Interview dates for selected applicants are January 12th, 14th, 15th, and 16th of 2026. Offers will be made for each track upon completion of interviews. Application deadline is December 1, 2025. Any questions or concerns can be directed to our Postdoctoral Fellowship Director, Jessica Kenny, PhD, at Jessica.Kenny@childrenscolorado.org and our Operations Coordinator, Kelbie Burdis-Beers, at Kelbie.Burdis-Beers@childrenscolorado.org.

Postdoctoral Fellowship Positions

Tracks offered for the 26-27 training year (in alphabetical order, more information below):

- 1. Anxiety and OCD
- 2. Acute Clinical Care Practice and Research
- 3. Behavioral Sleep Medicine
- 4. Cardiology
- 5. The Center for Cancer & Blood Disorders (CCBD)
- 6. Cystic Fibrosis
- 7. Developmental Pediatrics
- 8. Executive Functioning (EF) in Neurodivergent Youth
- 9. Mood Specialty Psychology
- 10. Pediatric Primary Care
- 11. Solid Organ Transplant
- 12. Surgical Psychology

Anxiety and OCD

Benjamin Mullin, Ph.D. (he/him/his), Associate Professor, Director, Colorado OCD and Anxiety Program Ashley Kreeger, LPC (she/her/hers), Assistant Professor Jerrica Cherry, LPC (she/her/hers), Senior Instructor

The Anxiety and OCD Fellowship provides focused training on the assessment and treatment of youth with obsessive-compulsive disorder (OCD) and anxiety disorders. This training experience will take place within the Ambulatory Division of the Pediatric Mental Health Institute (PMHI) of CHCO located on the University of Colorado Anschutz Medical Campus. The PMHI ambulatory clinic is extremely busy and serves an ethnically and socioeconomically diverse group of patients from the Denver metro area. The fellow will learn to conduct traditional diagnostic assessments as well as thorough evaluations connected to our specialty anxiety clinic (the Colorado OCD and Anxiety Program (COAP). The fellow will maintain an active caseload of individual therapy patients with primary anxiety disorders, trauma, OCD, and related conditions (e.g., Tourette syndrome, trichotillomania, insomnia) and will receive extensive supervision in evidence-based interventions including cognitive-behavioral therapy, exposure with response prevention, Acceptance and Commitment Therapy, and Comprehensive Behavioral Intervention for Tics. The fellow will help staff the Anxiety Intensive Outpatient Program (AIOP), providing an important experience conducting a group therapy intervention for youth who struggle with severe anxiety. There will also be an opportunity to staff our weekly exposure-focused maintenance group for teens who are stepping down from AIOP or who simply need more practice with exposures. The fellow will also have the opportunity to help lead Camp DEFY (Dynamic Exposures For Youth), a week-long summer day camp for children and adolescents diagnosed with OCD. The target breakdown between clinical and research responsibilities will be 70/30. There will be opportunities to analyze and publish archived data examining a variety of potential mechanisms underlying adolescent anxiety (e.g., sleep disturbance, executive function deficits) as well as clinical outcome data collected on youth served in our anxiety clinic. In addition to a weekly post-doctoral didactic seminar, the fellow will participate in other PMHI training opportunities and will also have the opportunity to provide supervision to psychology interns and externs.



Acute Clinical Care Practice and Research Fellowship

Evadine Codd, Ph.D. (she/her/hers), Assistant Professor Lauren Henry, Ph.D. (she/her/hers), Assistant Professor Sarah Cavalier-Taylor, Ph.D. (she/her/hers), Senior Instructor Sarah Kennedy, Ph.D. (she/her/hers), Associate Professor

The Acute Care Clinical Practice and Research Fellowship offers training experience with a strong focus on the assessment and treatment of children and adolescents within the Pediatric Mental Health Institute's Partial Hospitalization Program (PHP) and Inpatient Psychiatric Unit (IPU). The fellowship includes 60% of time spent in clinical work on IPU and PHP, and 40% protected time for clinical research related to the development, evaluation, and implementation of interventions for preadolescent self-injurious thoughts and behaviors. This fellowship is designed to provide the clinical expertise, multidisciplinary collaboration skills, systems-level understanding, and program evaluation and research skills needed to work as a psychologist in higher levels of care in an academic medical setting.

The Partial Hospitalization Program (PHP) is an intensive day treatment program for 6-17 year olds who require a higher level of structure, supervision, and treatment to maintain safety and functioning than outpatient can provide. Our PHP serves patients with a wide variety of presenting problems, including suicidal ideation, self-harm, high levels of emotional distress, and behavioral challenges. PHP is a structured two-week program utilizing a transdiagnostic, multidisciplinary approach to care. On PHP, the fellow's clinical responsibilities include leading caregiver therapy groups, performing targeted clinical interviews when the team needs diagnostic clarity, leading patient exposure groups, providing consultation and support to direct care and masters-level therapists and working within a multidisciplinary team to develop individualized behavior plans.

The Inpatient Psychiatric Unit (IPU) is a 26-bed secure, intensive care setting for children and adolescents ages 5 to 17 who are experiencing acute mental health crises and require 24/7 support due to safety concerns or significant functional impairment. While most patients are admitted for suicidal ideation or behaviors, the IPU also serves youth with a range of complex psychiatric presentations, including psychosis, obsessive-compulsive disorder, eating disorders, and severe behavioral dysregulation that cannot be safely managed in the home environment. The average length of stay on IPU is 7 days, and during this time, patients engage in a variety of programming, including manualized transdiagnostic groups. On IPU, the fellow's clinical responsibilities include developing individualized behavior plans, providing consultation to treatment teams, and providing direct clinical care to patients and caregivers through individual, family, and group therapy.

The fellow will also be engaged in research on suicidal and non-suicidal self-injury in preadolescents through the SPEER study, under the mentorship of Dr. Sarah Kennedy. SPEER is funded by the National Institute of Mental Health and the American Foundation for Suicide Prevention and focuses on developing and testing an intervention to address specific risk factors (executive functioning, emotion dysregulation) for suicidal and non-suicidal self-injury in preadolescents. The fellow will have opportunities to obtain specialized training in user-centered design, mixed methods, designing for dissemination and implementation, and conducting clinical trials in high-risk child populations. There will be ample opportunities to contribute to presentations and publications related to this study. The principal investigator, Dr. Kennedy, is also a co-developer of the Unified Protocols for Children and Adolescents and is involved in other funded research studies related to these interventions that the fellow may also be able to contribute to, depending on interest and availability.

Across the clinical and research experiences in this position, the fellow will have the unique experience of engaging in programmatic leadership and systems-level initiatives that prepare them for future leadership roles in higher levels of care. Additionally, the fellow will have the opportunity to provide umbrella supervision to interns and externs, enhancing teaching and mentorship competencies.



Behavioral Sleep Medicine (BSM)

Katherine Wesley, Ph.D. (she/hers/hers), Assistant Professor

The BSM fellowship program offers training in clinical, research, and didactic experience in BSM and occurs in the AASM-accredited sleep center at Children's Hospital Colorado. The BSM fellowship program is accredited by the Society for Behavioral Sleep Medicine (SBSM) and trainees who complete the program are eligible to sit for the exam to become board certified in behavioral sleep medicine (Diplomate in Behavioral Sleep Medicine, DBSM).

The BSM fellow works with patients from infancy through young adulthood presenting with sleep concerns including insomnia, circadian rhythm sleep disorders, parasomnias, and obstructive sleep apnea. They provide a range of clinical services including health and behavior assessments of behavioral sleep problems, brief consultation, group interventions, cognitive behavioral therapy for insomnia (CBT-I), desensitization for PAP adherence, and clinical actigraphy. Assessment and intervention services are provided in outpatient Insomnia Clinics, outpatient Desensitization Clinics, multidisciplinary clinics, and group settings. Fellows staff their own outpatient clinics.

Fellows participate in ongoing research and scholarly projects in BSM. Current projects include a sleep intervention for adolescents with type 1 diabetes, and an observational study of sleep in youth with Turner Syndrome. Opportunities for independent BSM-focused research and collaboration with other medical and psychiatric specialties or quality improvement projects also exist depending on interest. Fellows participate in sleep didactics with the University of Colorado School of Medicine Sleep Fellowship program, virtual national BSM seminars, and attend the University of Colorado annual Sleep & Circadian Summer School.

The BSM fellow is part of the University of Colorado's Pediatric Pulmonary Center (PPC) Leadership Training grant. The goal of the PPC is to develop leaders in Maternal and Child Health (MCH) for interdisciplinary, family-centered, culturally competent, evidenced-based, and policy aware pulmonary and sleep care. The fellow participates in PPC coursework, in-field or practica experiences, mentorship, community projects, leadership opportunities, lectures, workshops, seminars, and conferences. Through PPC fellows experience an interdisciplinary approach that aims to meet the unique needs of children/youth and their families affected by pediatric pulmonary conditions through training, mentorship, and lifelong learning opportunities.

Cardiology

Sarah Kelly, Psy.D. (she/her/hers), Associate Professor, Director, Heart Institute Wellness Program

The Pediatric Heart Institute at Children's Hospital Colorado is a large volume cardiac care and surgery center with a dedicated Cardiac Intensive Care Unit (CICU) and a Cardiac Progressive Care Unit (CPCU) for inpatient treatment. Families are followed as outpatients in our Cardiology Clinic as well as our network of care and multi-state outreach clinics and pediatric psychology is integrated across the continuum of care. The fellowship is designed to provide advanced training in pediatric psychology with cardiac conditions across development and with an emphasis on rare disease presentations. Depending on the fellow's training goals, they will meet with patients with complex congenital heart disease, cardiomyopathy/heart failure, arrhythmias or electrophysiology devices, and idiopathic pulmonary hypertension. Psychology evaluation and recommendations are common during critical time points in treatment, including pre- and post-surgery (including the Fontan surgery between ages 2-4 for patients with single ventricle physiology), after a cardiac arrest, pre-implant of a pacemaker or implantable cardioverter defibrillator, unexpected admission to the hospital, etc. Fellows will have the opportunity to work with patients and families seen in cardiology, from fetal diagnosis through young adulthood, across interdisciplinary teams that include cardiologists, advanced practice providers, nurses, and surgeons. The fellow is also included in the Heart Institute Wellness Program which provides psychosocial programming along with social work, child life, spiritual care, learning services, and creative arts therapy. Common referral issues for pediatric psychology include child and family coping



with a chronic, life-limiting condition, mood and anxiety difficulties, medical trauma, pain and procedural distress, parental mental health/caregiving stress, social challenges, neurodevelopmental and school problems, adjusting to the impact of disease on quality of life, health-promoting behaviors, adherence to medical regimen, and transition to adult cardiac care. Clinical experience will include biopsychosocial assessment, consultation, short-term health and behavior interventions, care coordination, and support group facilitation. The fellow is integrated into the subspecialty cardiac teams, rounds inpatient on the CICU/CPCU, and attends meetings. Opportunities include telehealth follow-up, supervision of psychology extern(s) as well as a pediatric health intern when possible, and didactic teaching to medical staff. The fellow will participate in clinical research and program development with opportunities to be involved in multiple projects consistent with their fellowship training goals.

The Center for Cancer & Blood Disorders (CCBD)

Jamie Luehring, Ph.D. (she/her/hers), Assistant Professor

The Center for Cancer & Blood Disorders fellowship is designed to provide clinical and research training and to develop advanced competencies in pediatric psychology within an oncology-hematology setting. The CCBD at Children's Hospital Colorado is recognized nationally and internationally for the exceptional treatment and care provided to children, adolescents and young adults with cancer and non-malignant blood diseases, such as hemophilia and sickle cell anemia. The CCBD is the only dedicated pediatric cancer center in the Rocky Mountain region and treats more than 300 newly diagnosed patients each year from birth to age 25. The psychology fellow will be engaged in all aspects of clinical assessment, treatment, and program development across all CCBD diagnostic and intervention areas, including blood cancers, solid tumors, brain tumors, bone marrow transplantation and non-malignant hematologic disorders. The fellow will work in coordination with members of the CCBD Wellness Program, a psychosocial intervention team comprised of licensed clinical psychologists, licensed clinical social workers, child life specialists, family navigators, a chaplain, and art and learning specialists. The fellow will also assist in the development and implementation of research within the CCBD. Didactic experiences will be available through the CCBD and through the Pediatric Mental Health Institute training program.

Cystic Fibrosis

Emily Muther, Ph.D. (she/her/hers), Professor, Clinical Director of Behavioral Health, Cystic Fibrosis Center Emma Lyons, Ph.D. (she/her/hers), Assistant Professor

The Cystic Fibrosis (CF) Center at Children's Hospital Colorado is the largest pediatric CF center in the country, which allows for an exceptional, in-depth experience with this specialized medical population. The fellow will be fully integrated within the multidisciplinary team that includes pulmonologists, pharmacists, psychologists, dieticians, physical therapists, respiratory therapists, nurses, and social workers. The fellow will work with patients diagnosed with CF from infancy through young adulthood, providing a range of clinical services, including brief consultation, health and behavior assessments, longer-term psychotherapy, and intervention. Support and intervention will be provided in both the ambulatory medical setting and on the inpatient medical service during CF-related hospitalizations. The fellow will also be responsible for independently staffing and integrating psychology services into the Colorado Springs and other CF satellite clinics via telemedicine services. There are additional opportunities to lead groups for patients with CF and their families including a wellness group, a parent management training group, a support group for teens, and a support group for parents of newly diagnosed babies. The psychology fellow is involved in the supervision of predoctoral psychology interns and psychology externs completing rotations in the CF Center. In addition to providing clinical services, the fellow will have an active role in a variety of ongoing scholarly projects and will receive support to develop their own research project. Several IRB protocols exist to allow for examination of mental health and medical data and the impact of psychology services on emotional and health outcomes. Current academic project topics include quality of life, mental health, adherence to medical care, body image issues in CF, health literacy, and the transition to adult care.



Developmental Pediatric Psychology

Elizabeth Griffith, Ph.D. (she/her/hers), Associate Professor Elizabeth Coan, Psy.D. (she/her/hers), Associate Professor Caitlin Middleton, Ph.D. (she/her/hers), Associate Professor

Developmental Pediatrics' mission is to empower people across the neurodevelopmental spectrum and their families through compassionate, innovative, and evidence-based care and support, to foster each person's independence; resilience; and physical, behavioral, and mental health.*

The Section of Developmental Pediatrics in the Department of Pediatrics focuses on Neurodevelopmental Disorders with an emphasis on evidence-based assessment and treatment in Autism, Intellectual Developmental Disorder, and genetic disorders. Our outpatient clinic within Children's Hospital Colorado serves children who have complex medical, behavioral, mental health, and psycho-social needs in addition to their neurodevelopmental differences, as we acknowledge and celebrate intersectional identities through a neuroaffirming lens. Our setting provides unique opportunities to collaborate with Developmental-Behavioral Pediatricians and other medical providers, Social Workers, Speech/Language Pathologists, Occupational Therapists, Physical Therapists, Genetic Counselors, and Child Life Specialists, in addition to our group of over 20 Psychologists from diverse backgrounds and perspectives. This is a full-time position with supervision provided by experienced licensed psychologists. For Spanish-English bilingual trainees, there are opportunities for training and supervision with bilingual and bicultural licensed psychologists.

Experiences within this postdoctoral fellowship are tailored to the fellow's interests and professional development goals, overseen by a year-long mentor. This Fellowship is able to accommodate trainees wanting to specialize in Autism/IDD who have not yet had a depth and breadth of experience in this area, as well as those who have extensive experience and are wanting to develop areas of sub-specialization like those outlined below. Likewise, fellows begin the year with varying levels of experience with different ages and are given the opportunity to grow their skills with children from the first year of life through adolescence. Fellows participate in a mixture of the following experiences:

Evaluation/Assessment: The postdoctoral psychology fellow will increase their understanding of development as an active team member in a variety of age-based (i.e., infancy to late adolescence) assessment clinics. Fellows build their differential diagnostic skills as well as their ability to recognize and integrate the impacts of gender, language, social determinants of health, co-occurring mental health presentations, trauma, and medical conditions, including a variety of genetic differences. Fellows with specific interests and skills are offered opportunities within medical subspecialty clinics, the Pediatric Care Network, and the Bilingual Assessment Clinic for Spanish-speaking families. Fellows focus on building expertise in clinical conceptualization utilizing assessment measures of development and cognition, adaptive functioning, specific autism diagnostics, and common co-occurring diagnoses and rule-outs, in order to provide supportive feedback for children and their families around strengths and needs for support. We strive to provide culturally responsive and neuroaffirming services including consideration of the appropriateness of our assessments, partnering with families, and collaborating with medical language interpreters. Using the tools provided by the electronic medical record, fellows gain fluidity and efficiency in report writing. Around 40-60 percent of the fellow's week is spent in activities related to diagnostic evaluations.

We are excited to now also offer a unique option in which a fellow could divide their time between the Autism/IDD Clinics and the **Genetic Specialty Clinics**. This includes significant time spent within the eXtraordinary Kids Clinic, the Denver Fragile X Clinic and other interdisciplinary subspecialty clinics serving children with genetic causes of autism and IDD (including Rett syndrome, 22q deletion syndrome, Angelman/Prader-Willi and other 15q disorders). The clinical programs provide comprehensive evaluations and treatment for children and adolescents with genetic variations, as well as supporting ongoing research projects.



Intervention/Treatment Services: The fellow participates in a variety of short-term targeted intervention experiences (e.g., groups, individual, family/parent coaching) related to Autism/IDD and co-occurring diagnoses (e.g., anxiety, phobias, mood, complex challenging behaviors). In addition to the behavioral interventions described below, we offer CBT parent group and individual sessions, Birds and Bees, and Facing Your Fears. Our section is committed to exploring evidence-based strategies that build on the strengths of each child and family, to provide care more efficiently without sacrificing quality and equitable access. As part of this effort, we continue to provide services through telehealth (video conferencing), as well as in-person visits. Fellows often spend 20-40 percent of their week in these experiences.

Given the unique opportunities in our section, we are now offering a more comprehensive experience with Intensive Behavioral Intervention. Fellows focusing on intervention may opt to spend a greater proportion of their time delivering intervention services within the ABCs of Learning and Behavior Group, Early Start Denver Model (ESDM), Pediatric Behavior Clinic, and Research Units in Behavioral Intervention (RUBI) programs. These programs provide assessment and intervention services that promote behaviors leading to increased access to home, school, and community activities, supporting attainment of the child and family's goals. Through these activities, fellows may work toward certification in ESDM or RUBI, and they will also be able to earn supervision hours towards their board-certified behavior analyst® credential if desired.

Academic Medicine (professional development, scholarship, teaching): The postdoctoral fellow participates in a variety of activities consistent with our position in an academic medical center. This includes scholarship (research, program development, or quality improvement (QI) projects) related to their area of interest. Mentors provide support related to developing an independent line of research/scholarship on a variety of topics. There are a number of ongoing funded research efforts within the assessment and intervention clinics in which the postdoctoral fellow would participate, with opportunities for collaborative projects, conference presentations, educational efforts, advocacy, and publications. In terms of teaching, there are many opportunities for providing bedside teaching, mentoring and supervision, as well as classroom teaching. Fellows participate in varied didactics and professional development, including the year-long JEDI concentration, which focuses on providing culturally informed care within evidenced-based practices to families who identify with intersectionality of diverse backgrounds and neurodevelopmental differences. Fellows often spend 20-40 percent of their week related to advancement in academic medicine.

Option for two-year Fellowship: For interested trainees, a second year of fellowship may be offered to allow for advanced opportunities in professional development, furthering expertise in subspecialty areas (e.g., gender, rural outreach, medical conditions, specific age-groups), obtaining additional practice teaching and mentoring, and/or building a research program.

*Please note that we are continually working to ensure that our language reflects a diversity of thought that includes autistic people and their families.

Executive Functioning (EF) in Neurodivergent Youth

Julia Barnes, Ph.D. (she/her/hers), Associate Professor Jonathan Safer-Lichtenstein, Ph.D. (he/him/his), Assistant Professor

The Executive Functioning (EF) fellowship provides specialized training in clinical and research activities with neurodivergent youth, including those with autism and ADHD, under the supervision of Dr. Jonathan Safer-Lichtenstein and Dr. Julia Barnes. Fellows will co-lead Unstuck and On Target (*Unstuck*) groups for children and adolescents and facilitate parallel caregiver groups to support the generalization of EF skills. Clinical activities will occur in the Pediatric Mental Health Institute (PMHI) and community-based research settings, with opportunities to deliver *Unstuck* in English or Spanish. Fellows will also provide outpatient therapy to neurodivergent youth and their families utilizing a range of evidence-based practices and therapeutic curricula, focusing on those targeting EF skill development. There may also be opportunities to contribute to the development of a new outpatient specialty clinic for youth with neurodevelopmental



disorders in partnership with the program director, and to deliver EF-focused training to schools and community organizations, including the Colorado Autism Mentoring Program (CAMP). Research activities include engagement in NIMH-funded *Unstuck* trials in Colorado and Latin America, as well as an internally funded partnership development grant with a local community organization. Fellows will participate in all phases of research, from implementation and data analysis to manuscript preparation and presentation and receive structured mentorship to pursue independent scholarship. The fellow will spend approximately 60% of their time on clinical activities and 40% on research and program development, with opportunities to present at conferences and publish scholarly products.

Mood Specialty Psychology

Marissa Nunes Moreno, Ph.D. (she/her/hers), Assistant Professor

The Mood Specialty Psychology Fellowship provides advanced training in the assessment and treatment of adolescents with mood disorders and associated challenges, including emotional dysregulation, interpersonal difficulties, and family conflict. This training experience will take place within the Ambulatory Division of the Pediatric Mental Health Institute (PMHI) of CHCO located on the University of Colorado Anschutz Medical Campus. The PMHI outpatient clinic, which offers a variety of specialty programs, is extremely busy and serves an ethnically and socioeconomically diverse group of patients from the Denver metro area. The PMHI outpatient mood specialty program focuses on clinical care for youth with mood-related disorders, providing diagnostic evaluations, as well as group, individual, and family interventions. It houses various interventions to address these mental health needs, including Comprehensive Dialectical Behavior Therapy (DBT) and the Unified Protocol for Children and Adolescents with Emotional Disorders (UP-C/A). We are in the process of implementing CBT/IPT group intervention for depression as well as a Mood Intensive Outpatient program. The fellow will also have opportunities to gain specialty training in serving gender-diverse youth and their families (e.g., gender diverse DBT group, AFFIRM Youth/Caregiver protocols). The fellow will co-facilitate group interventions and provide individual therapy to youth presenting with mood-related concerns. The fellow will receive intensive training in DBT and will participate in all components of the comprehensive DBT model, including multifamily skills groups, individual DBT sessions, phone coaching, and weekly DBT consultation team meetings. The fellow will have the opportunity to contribute to the development, expansion, and evaluation of Mood Specialty Services (e.g., Mood specialty IOP). The fellow will select a scholarship project to lead throughout the year and will allocate 20% of their time (one day per week) to this project. There are opportunities to analyze and publish clinical outcome data, engage in quality improvement initiatives, present at conferences, teaching, and contribute to ongoing research initiatives related to mood-disorders across the mental health service line at Children's Hospital Colorado.

Pediatric Primary Care

Ayelet Talmi, Ph.D. (she/her/hers), Professor, Program Director, Project CLIMB Amelia (Amy) Ehmer, Psy.D. (she/her/hers), Assistant Professor Verenea Serrano, Ph.D. (she/her/hers), Assistant Professor

The Pediatric Primary Care Fellowship focuses on development, implementation, and evaluation of integrated behavioral health services in three pediatric primary care settings at Children's Hospital Colorado through Project CLIMB (Consultation Liaison in Mental health and Behavior), the integrated behavioral health services program for primary care. Programs emphasize early identification and treatment of mental health, behavioral, and developmental issues within pediatric primary care; increase access to behavioral health services for diverse, primarily publicly insured, and medically underserved populations; and train pediatric health professionals in meeting the mental and behavioral health needs of pediatric populations. The integrated teams are comprised of psychologists, psychiatrists, developmental and behavioral pediatricians, masters level clinicians, a behavioral health navigator, social work, and behavioral health trainees. The primary care clinics are in the Section of General Pediatrics, Department of Pediatrics. The integrated behavioral health programs are in the Section of Integrated Behavioral Health / Division of Integrated Behavioral Health in the Child and Adolescent Mental Health Division of the Department of Psychiatry, University of Colorado School of Medicine and the Pediatric Mental Health Institute at Children's



Hospital Colorado. The clinics serve a diverse population of youth and families from the neighboring communities and counties statewide, including a large Spanish speaking population and newcomer and refugee communities from around the world. All three clinics are HealthySteps sites (www.HealthySteps.org), providing an evidence-based intervention that pairs pediatric primary care providers with integrated behavioral health providers to meet with families at well-child visits from birth to age 3.

Child Health Clinic (CHC): The CLIMB Team provides the full continuum of integrated behavioral health services in the CHC, an urban academic medicine pediatric residency training clinic that serves as a medical home for more than 15,000 children aged birth through 18, with more than 34,000 visits annually. The team provides: screening and early identification services; prevention, health promotion, and developmental interventions; psychosocial and behavioral individual, family, and group interventions; diagnostic assessments; medication evaluations; team-based consultation and training, short-term therapy, and recommendations for treatment of infants, children, adolescents and their families.

Young Mothers' and Families Clinic (YMFC): The HEART program in YMFC serves adolescent mothers up to age 25 and their children in a pediatric primary care clinic that serves as a medical home for over 2,000 young mothers and their children and provides approximately 7,000 visits annually. The program provides comprehensive multidisciplinary care, which includes social work, case management, resource connection and support, and integrated behavioral health services, in addition to pediatric and well-woman care and family planning services. Behavioral health services offered include staff consultation; developmental, psychosocial and mental health assessment; medication evaluation and management; and individual, couple, and family psychotherapy.

Special Care Clinic (SCC): SCC is the largest dedicated clinic in the United States for children with medical complexity and their families. SCC provides primary care, co-management with community primary care pediatricians, and consultative care for children for approximately 4,300 unique children and youth ages birth-mid 20s. A dedicated behavioral health clinical team in SCC includes psychologists, a psychiatrist, postdoctoral fellows, and crucial administrative staff to support program implementation, supervision, and oversight. Training experiences include providing the full array of integrated behavioral health services to patients seen in SCC.

<u>Fellow Roles and Responsibilities</u>: Fellows' clinical responsibilities include screenings, consultations, brief assessments, brief interventions, short-term therapy, and case management for youth and their families. Fellows spend approximately 70% of their time engaged in direct clinical activities and services. Educational and scholarly activities comprise the remaining 30% of the fellow's time. Additionally, fellows may have the opportunity to supervise psychology interns or externs during fellowship.

Additional opportunities for Pediatric Primary Care fellowship training include:

Gender Affirming Behavioral Healthcare for Gender Expansive Youth: Training experiences providing gender affirming behavioral healthcare, assessment, and intervention services. Fellows also participate in program development, evaluation, and research. Fellowship experiences are offered through collaborations in General Pediatrics, the Pediatric Mental Health Institute, and the TRUE Center for Gender Diversity. The TRUE (Trust, Respect, Understand, Emerge) Center at Children's Hospital Colorado is the only comprehensive care center in the Rocky Mountain region specifically set up for gender-diverse children, adolescents, and young adults. The interdisciplinary team includes experts in adolescent medicine, endocrinology, nursing, psychology, and social work and provides affirmation services to gender diverse youth.



Solid Organ Transplant

Elizabeth Christofferson, Ph.D. (she/her/hers), Associate Professor Laura Reinman, Ph.D. (she/her/hers), Senior Instructor

The Pediatric Solid Organ Transplant Programs at CHCO offer a unique training opportunity in the area of pediatric psychology. The solid organ transplant programs at CHCO are among the highest volume pediatric transplant centers in the country. This fellowship is designed to provide clinical and research training and to develop advanced competencies in pediatric psychology. The fellow will be engaged in all aspects of clinical assessment, treatment, and program development across the solid organ transplant programs (liver, kidney, and heart transplant) in the inpatient and outpatient medical clinic settings at Children's Hospital Colorado. The psychology fellow will have the opportunity to complete pre-transplant psychological evaluations for patients ages 0-25 undergoing evaluation for transplantation. All children, adolescents, and families meet with psychology during the transplant evaluation process on either an inpatient or outpatient basis. The evaluation includes an assessment of family functioning, adjustment, and psychological functioning—factors that impact a child's ability to cope with a solid organ transplant. Children, adolescents, and families continue to meet with psychology throughout the transplant process; the psychology fellow will continue to complete ongoing health and behavior assessment, intervention, and consultation with patients during the pre- and post-transplant phases. The fellow will see patients during inpatient hospitalizations and during their outpatient medical clinic visits to help them adjust to new treatments or medical illnesses and provide interventions for treatment adherence, coping with procedure-related distress, and providing support around managing emotional reactions to their health conditions. The fellow will also be involved in leading caregiver support groups. The fellow is the point person for the multidisciplinary transplant teams, attends team meetings and selection committee meetings, and becomes an integrated member of the teams. In addition, the fellow will assist in the development and implementation of research, quality improvement, and program development on a variety of ongoing projects (e.g., substance use in pediatric transplant patients, adherence to medication regimens, risk factors during pre-transplant evaluations and associations with post-transplant medical outcomes, addressing disparities in transplant listing, transition to adult healthcare, longitudinal assessment of wellbeing post-transplant).

Surgical Psychology

Jennifer Lindwall, Ph.D. (she/her/hers), Associate Professor, Director, CCS STARS Program Cindy Buchanan, Ph.D. (she/hers/hers), Professor

The Surgical Psychology Fellowship offers advanced training in perioperative psychological care and longterm psychosocial support for children, adolescents, and young adults undergoing complex surgical procedures. The fellow will work within the STARS Program (Striving to Achieve Resiliency with Surgery) to provide integrated behavioral health care in collaboration with multidisciplinary surgical teams. Sixty percent of the fellow's time will be dedicated to **direct clinical care** across the Center for Children's Surgery (CCS), including pre-surgical psychological evaluations, post-operative intervention, and consultation with multidisciplinary surgical specialty clinics. Clinical opportunities will occur in medical specialty clinics, on surgical medical floors, and in the Pediatric Mental Health Institute's Outpatient Clinic. Major clinical rotations may include: Pediatric Surgery (e.g., colorectal care, burn, trauma follow-up); Urology (e.g., intersex care, neurogenic bladder, exstrophy); Adolescent Gynecology (e.g., fertility preservation, surgical decision-making); Orthopedics (e.g., Limb Differences Clinic); and the STARS Pre-Surgical Psychosocial Consult Clinic (for patients/families with complex health and social needs seen in any surgical department). The fellow may also elect shadowing rotations in Bariatric Surgery, Plastic Surgery, Pain, or Otolaryngology. These experiences will allow the fellow to receive training and mentorship from psychologists who have expertise working within specific surgical subspecialities, as well as experiences working with a wide range of multidisciplinary surgical subspecialty teams. Additional responsibilities include parent education and community support programming. Fellows will have the opportunity to engage in leadership and systems-level activities through involvement with the Surgical Family Advisory Council, STARS Steering Committee, and CCS-Affiliated Psychology Work Group. The fellow will gain a comprehensive training experience in surgical psychology that emphasizes a) exposure to a wide range of surgical conditions across multiple specialties, b) emphasis on equity-informed and developmentally appropriate surgical



decision-making, c) involvement in clinic development and program implementation, and d) opportunities to provide supervision to psychology externs. In addition to providing comprehensive clinical care to surgical patients and their families across a range of medical specialties, the fellow will have 40% protected time for research, with mentorship from Drs. Lindwall and Buchanan. Ongoing CCS-led projects include implementation of patient-reported outcome measures (PROMs), family experience research, psychosocial outcomes evaluation, provider education, and surgical quality improvement. Fellows may pursue original research questions, first-author publications, national conference presentations, and mentored grant submissions. Research support is available through the Research Outcomes in Children's Surgery (ROCS) and the Pediatric Urology Research Enterprise (PURE), including assistance with project development, IRB submission, data analysis, and manuscript preparation. Together, these clinical and research experiences offer immersive training in surgical psychology, a growing and innovative subspecialty within pediatric psychology. The training year will integrate pediatric and child clinical psychology in novel care models for children undergoing surgery and their families. The Surgical Psychology Fellowship will also provide a breadth of exposure to surgical populations across the lifespan. This fellowship provides an opportunity to be at the forefront of program development efforts to co-develop and lead the STARS Pre-Surgical Psychosocial Consult Clinic, an experience that will help prepare the fellow to confidently develop transformative psychosocial programming in the future as a licensed clinical psychologist. Please note, previous experience specifically in pediatric surgery is not a requirement for this position, and will not impact the opportunity to maximally benefit from the fellowship training year.

The Psychology Training Program Structure

The Director of Psychology Postdoctoral Fellowship training is Dr. Jessica Kenny, the Director of Psychology Training programs is Dr. Laura Judd-Glossy and the Operations Coordinator is Kelbie Burdis-Beers. The training leadership and committee are charged with overseeing the progress of the fellows, interns, and externs; facilitating interdisciplinary clinical experiences; and developing the program. The training committee meets regularly to review the progress of trainees and training needs, and to discuss program development. Trainees provide ongoing verbal and written feedback on the program to the training directors. At the end of the training year, the training directors conduct exit interviews with the fellows, interns, and externs covering all major aspects of the training year to elicit their feedback. Trainee feedback is consistently used to make adjustments to caseload expectations, program structure, and available rotations.

Training Plan

Each psychology fellow, with their supervisors and the training director, will develop a specific program that addresses the requirements and goals of the training program, the fellow's individual training needs and interests, and the patient care needs within the Department and Hospital. As they demonstrate readiness over time, fellows are given increasing clinical responsibility, autonomy, and exposure to more challenging treatment cases. All of these experiences are overseen by supervisors who are active treatment providers and team members on the units. The development of increasing competence is evaluated informally in supervision, and formally every six months through written evaluations.

The fellowship program provides protected time for professional didactics each week. Fellows participate in weekly, in-person one or two-hour didactics focused on diversity, professional development, clinical work, scholarship/research, consultation, and assessment. Presenters for didactics are primarily licensed clinical psychologists involved in the psychology training program, but also include colleagues from other disciplines that collaborate regularly with psychologists within the hospital setting and within the community (e.g., medical interpreters, medical providers ,private practice colleagues). Fellows also attend weekly grand rounds in the Pediatric Mental Health Institute, and they are required to present once at these grand rounds during the training year. Additionally, fellows are encouraged to attend other didactic and professional



development opportunities that are provided in the hospital (e.g., Pediatric Grand Rounds, Psychiatry Grand Rounds), greater campus, and community as their schedules allow. Furthermore, some fellowship tracks offer additional didactic series focused specifically on topics related to the fellowship track's area of expertise.

Supervision

Each fellowship track has one or more licensed psychologist(s) who provides direct training and supervision to fellows. The training staff provides close supervisory support while guiding trainees toward assuming increasing autonomy in the clinical responsibility of their cases. The goal of supervision is to support the fellow during exposure to new patient populations, assessment tools and intervention strategies, and to build feelings of competence and functional autonomy in areas of strength. A minimum of 2 hours per week of supervision is provided by licensed psychologists on the fellow's supervisory team. Track supervisors will oversee training, including all of the fellow's clinical cases as well as research and scholarly activities. Staff members of other mental health disciplines, who are qualified and experienced, may provide additional supervision in specific areas for duties that they regularly perform. Postdoctoral fellows will be provided with opportunities to supervise, mentor, and/or teach other trainees during their fellowship year (e.g., psychology interns/externs, medical students, medical residents). Upon completion, psychology fellows will have successfully completed at least 2,080 hours in their Postdoctoral Psychology Fellowship, including a minimum of 100 hours of direct supervision. The requirement for post-doctoral supervision in Colorado is 1,500 postdoctoral hours under the supervision of a licensed psychologist.

The <u>Children's Hospital Colorado Ofreciendo apoyo y Liderazgo a Estudiantes Graduados Avancando a competencia con Supervisión grupal en Español</u> (COLEGAS) program is designed to promote clinical linguistic proficiency and cultural responsivity when conducting psychological services with Latinx families, explore factors that influence service delivery for Latinx families, and identify avenues for advocacy for bilingual/bicultural families and clinicians. The group is led exclusively in Spanish by bilingual and bicultural psychologists, meets weekly for 50 minutes, and is structured to include didactic sessions, monthly case reviews, and presentations on clinical or professional topics of interest. Group members include bilingual psychology trainees who provide services in Spanish at Children's Hospital Colorado and the University of Colorado School of Medicine.

Evaluation Process

The evaluation process is designed to provide fellows with information that will inform their professional growth. The expectation is that fellows and supervisors will engage in ongoing evaluation of the fellow's performance, and that the supervisory relationship will support optimal learning and development. At the end of each six-month period, the fellow and supervisor will complete a more formal written evaluation of each other. The mutual exchange of feedback between the supervisor and fellow is designed to enhance professional growth of both by identifying strengths, areas needing improvement, and personal goals. The training director meets regularly with the fellows to monitor achievement of training goals, provide additional mentorship and support, and to facilitate professional development. The training director also maintains regular contact with all supervising psychologists regarding the progress and functioning of the fellows under their supervision. The training year is a period of accelerated growth and identity consolidation for postdoctoral fellows. It is expected that even the most competent fellows are still relatively early in their professional development, and that the training experiences will challenge them to grow personally and professionally. As such, the evaluation process is designed to identify both areas of strength and areas needing further development. The training committee and director endeavor to create a safe environment in which self-reflection, and appropriate assistance seeking, is encouraged and supported. It is also expected that through the process of supervision, opportunities for growth will be identified and addressed for all fellows. This process is intended to promote growth and is viewed as a vital component of



professional development. If additional support is needed beyond the typical supervision provided to the fellow, training leadership will collaborate with the fellow and the supervisory team to ensure that fellows have appropriate support in place to reach their goals for the training year.

Orientation

Psychology fellows orient at the beginning of the training year. As hospital employees, fellows must complete hospital required human resource (HR) activities, some of which must be completed prior to employment (criminal background check, employee health screening, and drug and alcohol screening). Fellows are also required to attend an all-day hospital orientation. Whenever feasible, fellows orient together, to facilitate interdisciplinary socialization and support. During orientation, fellows meet individually with their supervisors to develop their personal training goals for the year. They will also be introduced to department and hospital staff, services, and activities. All trainees will receive training to chart, bill, and complete reports in the electronic medical record (EPIC) system. As part of the orientation process, all fellows will receive a copy of the fellowship handbook, that includes additional information about the training model, training goals and competencies, the evaluation process, fellow rights and responsibilities, due process procedures, and the appeal and grievance procedures.

Resources and Support

The psychology fellows are hospital employees, and have similar benefits, rights, and responsibilities as a first-year employee. Fellows are eligible for a total of 16 days of time off (10 wellness days to use as vacation and 6 sick days), 7 paid Children's Hospital Colorado observed holidays, and 5 professional leave days (with the option of 4 additional professional days for attending a conference, pending supervisor approval). Malpractice insurance is provided by CHCO. Fellows may choose benefits from a menu of options including health, dental, vision, and life insurance benefits. Fellows are provided with parking at the employee cost per pay period. As employees, the fellows have access to the on-site employee health service, and they may also access the employee assistance program (EAP).

The fellows are provided with general administrative assistance provided by the Operations Coordinator. Support includes facility and institute-related issues, Human Resource liaison, institute and program support, assessment materials. IT support is also provided for the fellow by CHCO's IT Help Desk as needed. Fellows have access to resources on the hospital Intranet, and to on-line medical search engines and journals. The fellows are provided with an email account, voicemail, and access to transcription services.

For questions, please contact:

Jessica Kenny, PhD, Psychology Fellowship Training Director (she/hers/hers)

Jessica.Kenny@childrenscolorado.org

Kelbie Burdis-Beers, Operations Coordinator, Psychology Training Program (she/her/hers) Kelbie.Burdis-Beers@childrenscolorado.org

